

Contents

Original articles

- 1 1 The effect of wild rooibos tea on autonomic nervous function
Shizue YAMAGUCHI, Akiko SHINMEN, Asuka MATUMOTO,
Chie OKUMURA, Misa KOUNO, Misaki OUKURA,
Gen MUKAI, Yoshiki HIROSE 1

Report

- 1 A study of citizenship education: Based on my lecture “ Seito Shinro Shidouron”
Kazuo UEDA 9
- 2 Reproduction and commentary on the Documents of the Yoshimi Family in the Collection of
Osaka Aoyama Museum of History and Literature
Yoshio OGURA, Koichi KURATSUNE, Kenichi NAKATSUKA,
Yoshitomo NAGAMURA, Tomohiro NISHITA,
Kenichi METSUGI..... 19

Contribution

- 1 The life and times of a shogun retainer from the end of Japanese shogunate system to the Imperial
Restoration: Following the life of Korezumi Hayashi
Hisao NAGAOKA 43

Instructions for contribution 57

Editor's notes for preparing manuscripts 57

Editor's postscripts 59